



**MEETINGS ARE THE 1ST THURSDAY OF EACH MONTH FROM** 6:00PM -- 7:00PM



To help survivors absorb the impact of the self-inflicted death.

To offer the comfort of empathetic understanding and acceptance, and

To support each other toward healthy resolution of the grief.

## YOU ARE NOT ALONE

WE KNOW THE ANGUISH... WE'VE BEEN THERE



2801 C COURT ASHTABULA, OH 44004



- Peer to peer support
- · Free service
- Tell the story
- Express the emotions
- · Make meaning from loss
- · For Friends, Family and Loved ones
- · No registration required
- Children are welcome\*

(\*Separate group for children is available if preferred)

Phone: 440-998-4210

Toll Free: 1-800-998-4210

Fax: 440-998-6489